Unch Neek 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

are freshly made on

Monday	Tuesday	Nednesolary	Thursday	Friday
Beef Ragu with Diced Herb Potatoes,	Katsu Chicken Curry with Coconut Rice,	Roast Chicken with Roast Potatoes,	Pulled Pork with Cajun Wedges,	Battered Fish with Chips, Peas,
Sweetcorn, Penne Pasta	Potato Wedges, Slaw	Carrots, Broccoli	Slaw, BBQ Beans	Baked Beans
Vegtable Chilli with	Spinich & Lental Curry	Quorn Roast Fillet	Mac & Cheese with	Sweet Potato Falafe
Diced Herb Potatoes,	with Coconut Rice,	with Roast Potatoes,	Cajun Wedges,	Gyros with Chips,
Sweetcorn, Penne Pasta	Potato Wedges, Slaw	Carrots, Broccoli	Slaw, BBQ Beans	Peas, Baked Beans
Street Food Piri Piri Chicken Wrap	Chicken Durrite	Folded Tikko Noon	Pulled Pork &	Chicken Gyros
			Stuffing Wrap	
Penne Arrabiata	Penne Arrabiata	Penne Arrabiata	Penne Arrabiata	Penne Arrabiata
or	or	or	or	or
Tomato & Chorizo	Tomato & Mascarpone	Chicken & Tomato	Mac & Cheese	Roasted Vegetable
Margherita	Margherita	Margherita	Margherita	Margherita
or	or	or	or	or
Pepperoni	Ham & Tomato	Chicken & Sweetcorn	American Hot	BBQ Chicken
Available daily	Available daily	Available daily	Available daily	Available daily
with a range of	with a range of	with a range of	with a range of	with a range of
delicious fillings	delicious fillings	delicious fillings	delicious fillings	delicious fillings
	Pear & Chocolate	Apple Crumble	Lemon Shortbread	Jam Victoria Spong
	Diced Herb Potatoes, Sweetcorn, Penne Pasta Vegtable Chilli with Diced Herb Potatoes, Sweetcorn, Penne Pasta Piri Piri Chicken Wrap Penne Arrabiata or Tomato & Chorizo Margherita or Pepperoni Available daily with a range of	Diced Herb Potatoes, Sweetcorn, Penne Pastawith Coconut Rice, Potato Wedges, SlawVegtable Chilli with Diced Herb Potatoes, Sweetcorn, Penne PastaSpinich & Lental Curry with Coconut Rice, Potato Wedges, SlawPiri Piri Chicken WrapChicken BurritoPenne Arrabiata or Tomato & ChorizoPenne Arrabiata or Tomato & ChorizoMargherita or PepperoniMargherita or Ham & TomatoAvailable daily with a range ofAvailable daily with a range of	Diced Herb Potatoes, Sweetcorn, Penne Pastawith Coconut Rice, Potato Wedges, SlawRoast Potatoes, Carrots, BroccoliVegtable Chilli with Diced Herb Potatoes, Sweetcorn, Penne PastaSpinich & Lental Curry with Coconut Rice, 	Diced Herb Potatoes, Sweetcorn, Penne Pastawith Coconut Rice, Potato Wedges, SlawRoast Potatoes, Carrots, BroccoliCajun Wedges, Slaw, BBQ BeansVegtable Chilli with Diced Herb Potatoes, Sweetcorn, Penne PastaSpinich & Lental Curry with Coconut Rice, Potato Wedges, SlawQuorn Roast Fillet with Roast Potatoes, Carrots, BroccoliMac & Cheese with Cajun Wedges, Slaw, BBQ BeansPiri Piri Chicken WrapChicken BurritoFolded Tikka NaanPulled Pork & Stuffing WrapPenne Arrabiata or Tomato & ChorizoPenne Arrabiata or Tomato & MascarponePenne Arrabiata or Tomato & MascarponePenne Arrabiata or Chicken & TomatoPenne Arrabiata or Or MargheritaMargherita or PepperoniMargherita Available daily with a range ofMargherita or or Available daily with a range ofMargherita or or Available daily with a range ofMargherita or or or Available daily with a range ofAvailable daily with a range ofAvailable daily with a range ofAvailable daily with a range of

with vegetables

and dessert