

# Lunch Week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Beef Ragu with Diced Herb Potatoes, Sweetcorn, Penne Pasta	Katsu Chicken Curry with Coconut Rice, Potato Wedges, Slaw	Roast Chicken with Roast Potatoes, Carrots, Broccoli	Pulled Pork with Cajun Wedges, Slaw, BBQ Beans	Battered Fish with Chips, Peas, Baked Beans
<b>Plant Based / Vegetarian Main Meal</b>	Vegetable Chilli with Diced Herb Potatoes, Sweetcorn, Penne Pasta	Spinich & Lental Curry with Coconut Rice, Potato Wedges, Slaw	Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli	Mac & Cheese with Cajun Wedges, Slaw, BBQ Beans	Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans
<b>Street Food</b>	Piri Piri Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Chicken Gyros
<b>Takeaway Tubs</b>	Penne Arrabiata or Tomato & Chorizo	Penne Arrabiata or Tomato & Mascarpone	Penne Arrabiata or Chicken & Tomato	Penne Arrabiata or Mac & Cheese	Penne Arrabiata or Roasted Vegetable
<b>Pizza Slice</b>	Margherita or Pepperoni	Margherita or Ham & Tomato	Margherita or Chicken & Sweetcorn	Margherita or American Hot	Margherita or BBQ Chicken
<b>Jacket Potato</b>	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
<b>Desserts</b>	Flapjack	Pear & Chocolate Sponge	Apple Crumble & Custard	Lemon Shortbread	Jam Victoria Sponge



## Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

