















































YOUR MENU

Week C

	Monday FAMILY FAVOURITES	Tuesday GLOBAL ADVENTURES	Wednesday ROAST DINNER DAY	Thursday BOMBAY SPICE	Friday CATCH OF THE DAY
Hot Dish of the Day	Hot Dog  or Vegetarian Hot Dog  In a Bun	Sticky BBQ Chicken  BBQ Quorn Fillet 	Roast Beef, Yorkshires  & Gravy Cheesy Bean Enchilada  Cowboy Pie 	Chicken Tikka Masala  Vegetable Tikka Masala 	Pollock  Vegetable Pizza 
Sides	Diced Potatoes Pasta  Bread Selection  Sliced Onions Mixed Salad	Mini Baked Potatoes Bread Selection  Green Beans Sweetcorn	Creamed Potatoes  Bread Selection  Baton Carrots Mini Sprouts	Savoury Rice Naan Bread  Sweetcorn Garden Peas	Chips Bread Selection  Mushy Peas Mixed Salad
Light Bites	Pasta  Served with a Mediterranean Sauce  Baguettes Ham/Cheese  Chicken Wrap 	Jacket Potato with Cheese  Chicken Skewers Tuna Melt 	Vegetable Finger Wrap  Chicken Tikka Baguette  Jacket Potato with Coleslaw 	Veggie Balls  Veggie Panini  BBQ Chicken Burger  Tikka Naan Bread 	Jacket Potato with Baked Beans  Chicken Skewers Cheese Baguette 
Allergen Aware	Gluten Free Burger in a Gluten Free Bun	BBQ Chicken Breast Fillet	Roast Dinner of the Day	Chickpea & Mushroom Curry 	Gluten Free Pasta served with a Fresh Tomato Sauce
Desserts	Summer Fruit Crumble  Pear & Chocolate Cake 	Banana Loaf  Berry Sponge  	Shortbread Slice  Rhubarb & Ginger Muffin  	Lemon Sponge   Chocolate Cracknel 	Fruit Yoghurt Crunch  Fruit Jelly