## QUEEN ELIZABETH'S GRAMMAR SCHOOL

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Web: www.queenelizabeths.derbyshire.sch.uk Headteacher: Mr S Garrity Chair of Governors: Mr C Smith



9th July 2021

Dear Parents/carers

## **Year 10 PSHE Option**

At Key Stage 4, in addition to our statutory Relationship and Sex Education (RSE) lessons, we also provide a personalised approach to Personal, Social and Health Education (PSHE) by offering KS4 students a range of options. Our PSHE Options generally include the opportunity to develop leadership skills and to 'give something back' to the community. It is also a chance for some students to aid their wellbeing by making provision for students who require additional support with Maths and/or English, or more general Study Support, without this compromising other subjects or students' free time. Student feedback and satisfaction has been overwhelmingly high in this area.

Year 9 students now have the chance to choose their option for Year 10, which they will participate in for one hour per fortnight. Students should choose one option and a reserve option. Reserve options are essential, and if an option is oversubscribed, a random selection will take place.

A contact is listed for each option; please do get in touch with them if you have any further questions. If you have questions about the process or would like further support, please do not hesitate to contact me <a href="Ward@queenelizabeths.derbyshire.sch.uk">Ward@queenelizabeths.derbyshire.sch.uk</a>, Mr Flynn the Progress Leader of Year 9 flynn@queenelizabeths.derbyshire.sch.uk ) or your child's form tutor.

The options available are listed below, and there is more information on each included with this letter.

- Duke of Edinburgh
- English Support
- Higher Project Qualification
- Language Leaders
- Maths Support
- Music Appreciation
- Playing Sports
- Repair and Restore
- Sports Leader
- STEM Investigators
- Study Support

## **Submitting Your Choices**

Submission is via the PSHE Options form, which is now available on the intranet within the 'Useful Links' section. Students will need to login to the school intranet to access this. The form, and the **deadline for submission is 9am on Thursday 15**<sup>th</sup> **July.** 

Yours faithfully

Miss M Ward

**Assistant Headteacher** 

Proud to be part of the **QEGSMAT** 

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