

Year 10 PSHE Options

DoE

English Support

Higher Project Qualification

Language Leaders

Maths Support

Music Appreciation

Playing Sports

Repair and Restore

Sports Leaders

STEM Investigators

Study Support

DofE

This timetabled lesson is for those who purely need more time and support to achieve their Silver Duke of Edinburgh's Award. The DofE is the world's leading youth achievement award, giving 14 to 24-year-olds the opportunity to be the very best they can be

In year 10 the DofE PSHE option focuses on giving the time for you to develop and research the skills needed to achieve the Silver Award. The sessions allow students to focus on one of the independent sections that they need to complete to gain the Award, such as Volunteering; Skills or/and Physical. This course is aimed at those who wish to undertake the Silver Award, students do not need to have done the Bronze Award to start their Silver, however, if you have signed up for Bronze this does need completing before you start the Silver Award. Those doing the Silver Award can however do all their Sections in their free time, this timetabled lesson is for those who need extra time and support.

If you need further information on this opportunity, please contact Miss Wilband
wilband@queenelizabeths.derbyshire.sch.uk

English Support

Do you find there's just not enough time in lessons to discuss your opinions and ideas? Do you want to hone and improve your English skills to support yourself in, not just English, but all your subjects? An extra session of English will not be lots more writing or reading something additional but a deeper conversation, and specific support on the core knowledge, skills and understanding you need.

For further information, contact Mrs Brown
BrownN@queenelizabeths.derbyshire.sch.uk

Higher Project Qualification

The Level 2 Higher Project qualification allows students to discover the joys of independent learning, take responsibility for their own study and develop new life and study skills. For the equivalent of half a GCSE, students get the opportunity to create, manage and present a project of their choice with support from a supervisor.

This option will need to be taken in Year 10 and 11 to allow enough time to gain the qualification.

For further information, contact Ms Morgan
Morgan@queenelizabeths.derbyshire.sch.uk

Language Leaders

Language leaders is a fantastic opportunity to share your love of languages! You will be creating content for the MFL Newsletter and helping the department to prepare for events such as Open Evenings and Year 6 Transition days where you can be involved in teaching our younger students. This is a great option for GCSE students who would like to develop their skills further as well as those who enjoyed languages at KS3 but didn't choose it as an option.

For further information, contact Mrs Atkinson
Atkinson@queenelizabeths.derbyshire.sch.uk

Maths Support

Do you have gaps in your knowledge and understanding of some topics in maths? Do you sometimes find that you don't get a chance to ask all the questions you would want to in class? Would you like a low-pressure environment in which to go over areas of maths you find more challenging, or have forgotten about? The benefits of an extra session of maths are huge. You will get a more personalised experience, recap topics you have not done for a while and build you up towards your GCSEs and next set of exams. This session is not just another maths lesson, but targeted support to give you the confidence and skills to succeed.

For further information, contact Mr Barnhurst
Barnhurst@queenelizabeths.derbyshire.sch.uk

Music Appreciation

Exact activities will depend on who is in the group but could include: learning to play your favourite songs on the keyboard/guitar/ukulele, learning about famous musicians and listening to their music, exploring more unusual music genres to find new and interesting tracks and learning about events management, planning and running school events.

For further information, contact Miss Pettingale
Pettingale@queenelizabeths.derbyshire.sch.uk

Playing Sports

Sports Leaders

The **playing sport** option gives you the opportunity to be more physically active. The group will take part in an A-Z of physical activities, exercise classes, individual sports and team sports. This option will supplement your Core PE lessons, to give you experiences in a wide range of sport and exercise opportunities as well as help you gain the physical and emotional benefits of taking part in regular physical activity.

Becoming a **Sports Leader** will equip you with essential employability skills, through the development of your communication, self-belief, teamwork, self-management and problem-solving skills. You will learn how to design and deliver physical activity opportunities and sporting events for primary school children. We host numerous sporting competitions and festivals throughout the year, where you will plan, organise and officiate the events. If you are passionate about the importance of physical activity, enjoy working with younger students and are a good role model, Sports Leaders is a fantastic opportunity for you to develop your skills in a fun and physically active way.

Please contact Mr Hallam by email (hallam@qegs.email) if you have any questions or would like any further information about this option.

Repair and Restore

The purpose of 'Repair and Restore' is to give you the opportunity to learn, apply what you've learned and be competent across a wide range of practical skill sets to repair and restore everyday items (non-electrical). This can include welding and metal work fabrication, preparation and application of painting, pointing and brickwork skills, woodwork and joinery. You will be able to repair and restore items from across the school as well as items from home. The skill sets you learn can also give you a business opportunity to repair and restore items for people outside of school and charge them money for doing so!

For further information, contact Mr Kershaw
Kershaw@queenelizabeths.derbyshire.sch.uk

STEM Investigators

Are you a problem solver? Interested in real life STEM questions arising at a school, local, national or global level?

Build your investigation around challenges (with possible competition entries to national or international competitions such as the Big Bang Fair) Try your ideas, adapt them, improve them and solve the questions.

This is a great opportunity to also lead younger students in STEM and help lead the QEGS national science week challenges and activities. Maybe take these out to the local primary schools too – the opportunities are there!

For further information, contact Mrs Wright
Wright@queenelizabeths.derbyshire.sch.uk

Study Support

These sessions are designed to equip you with the necessary skills and positive study habits to be successful in Year 10 and 11. The sessions will include time management, organisation skills, revision techniques and notetaking, with opportunities to put these into action to support you in your other subjects.

Contact Miss Ward for more information
Ward@queenelizabeths.derbyshire.sch.uk

How to select your option?

Link on the intranet 'PSHE Options'

Deadline Thursday 15th 9am

You must select a first and reserve choice and they must be different

If you don't select, you will be allocated to one of the options