

# QUEEN ELIZABETH'S GRAMMAR SCHOOL

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Headteacher: Mr S Garrity Chair of Governors: Mrs H Baker



24<sup>th</sup> January 2020

Dear Parent/Carer

## **Year 8 and 9 Boys Self Esteem and Resilience Training: From Tuesday 28<sup>th</sup> January 2020**

Over the next two weeks, your son has the exciting opportunity to take part in self - esteem and resilience training delivered by Challenge Academy.

Challenge Academy is an organisation providing focused support for students in both Primary and Secondary schools. They deliver self-esteem workshops and mentoring schemes that are committed to nurturing, empowering and developing the true potential of young students. They support boys to feel safe, resilient and confident. This is something at QEGS we would like to support our boys to become. Your son will be taking part in two, two-hour workshops over the fortnight in a small group.

The workshops are being held at QEGS and the boys have been told via notices when and where their workshops are. They do not require any specialist clothing, school uniform is fine.

It is set to be a fabulous course and I strongly believe this will have a positive impact on your son. If you have any questions please do not hesitate to contact me: [Bembridge@queenelizabeths.derbyshire.sch.uk](mailto:Bembridge@queenelizabeths.derbyshire.sch.uk)

Yours faithfully

Mr S Bembridge  
**Inclusion and Eligible leader**