



15<sup>th</sup> January 2020

Dear Parents/Carers

## PE Participation, Kit and Clothing Expectations January 2020

The PE Department wish to remind all parents and students of a few things that help us ensure a positive learning environment and excellent standards across PE.

All students are taught a range of activities, both indoor and outdoor, individual and team skills; some are technique based whilst others are fitness or dance based. Regardless of the activity, the PE National Curriculum dictates that we should offer the opportunity for students to take on a number of roles within the lesson to develop both physical and mental capacity. We provide umpiring/refereeing, coaching, leading and evaluation opportunities in addition to skill acquisition and practice, thus offering varying degrees of physical activity. For this reason, it is department policy that **all** students bring their kit to all lessons regardless of medical or physical condition, and should be prepared to join the lesson in some capacity. If kit is not brought to the lesson, appropriate clothing will be provided and a break detention issued.

Our superb facilities ensure students' learning is not disrupted too much due to poor weather. This may come as a shock to some students when they are required to take part in lessons during periods of cold and wet weather! Jumpers, jackets, fleeces, waterproofs and tracksuit trousers may be worn but they must be plain black. These items are all available to order from the QEGS intranet: <https://www.queenelizabeths.derbyshire.sch.uk/key-information/school-uniform/>. Hats and gloves of any colour may also be worn for lessons.

Below is a summary of procedures for PE lessons with regard to **participation**;

1. PE kit should be brought to school for each and every lesson. You must arrive in school uniform if your lesson is period 1 and leave in school uniform if your lesson is period 5.
2. Notes requesting a differentiated level of participation will only be accepted if written and signed by a parent/carer and should include a telephone no.
3. Letters should be handed to the teacher during lesson registration or immediately after changing.

### QEGS PE Kit Expectations

Boys Indoor lessons	QEGS AKOA polo top Black action shorts White sport socks Trainers
Boys Outdoor lessons	QEGS red/white reversible games top Black action shorts Red sport socks Trainers or football boots Gum shield (advisable) Shin pads (advisable) QEGS AKOA sports hoodie (optional)
Girls Indoor lessons	QEGS AKOA polo top Skort dress or <b>plain black</b> leggings (maybe contain logo and stripe) Sport socks Trainers QEGS AKOA sports hoodie (optional)

Girls Outdoor lessons	QEGS AKOA polo top Skort dress or plain black leggings (maybe contain logo and stripe) Sport socks Trainers Plain base layer (optional) QEGS AKOA sports hoodie (optional) Gum shield (advisable dependent on sport) Shin pads (advisable dependent on sport)
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All kit should be labelled clearly with your child's full name; this enables us to make every effort to return lost property to the rightful owner. **Lost property** from PE areas will be sent to the medical room weekly.

Pupils are encouraged not to bring **valuables** to school. Our cashless systems means pupils do not need to bring in money for most of the year. Lockers are offered at the start of the year and give a secure place to store valuables if they need to be brought in. Valuables will not be collected during PE lessons, clubs or practices.

If your child carries an **inhaler**, they should give it to their PE teacher at the start of the lesson so it can be accessed quickly and easily. Labelling it with the child's name is really useful.

Although our department's phones have a messaging service, the nature of our roles and the lay out of the QEGS site means it is not easy to collect messages during the school day. Can we request the **phone messages requiring attention the same day** are via student services who will then pass it on using our internal systems.

We would like to thank you in advance for your co-operation with these matters and would ask if you need to contact us with regard to any of the above procedures, please contact Matt Bawden, line-manager for PE.

Yours faithfully

Matt Bawden and the QEGS PE Department  
**Assistant Head Teacher**