## QUEEN ELIZABETH'S GRAMMAR SCHOOL

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4<sup>th</sup> November 2019

Dear Parent/Carer

Help us raise awareness of type 1 diabetes for World Diabetes Day on Thursday 14<sup>th</sup> November

We would love it if you could support a charity very close to our hearts for World Diabetes Day on Thursday 14<sup>th</sup> November 2019.

JDRF is the world's leading charitable funder of vital type 1 diabetes research, and we would like to support them so that one day everyone can be free from type 1 diabetes - a lifelong, life-threatening condition. The truth is we are not alone. Did you know for example, that over 29,000 children live with type 1 diabetes in the UK, and every 90 minutes someone is diagnosed with the condition?

Here are some other surprising facts and stats:

- The UK has one of the highest rates of type 1 diabetes in the world, for reasons that are currently unknown.
- Type 1 diabetes affects 96% of all children with diabetes in England and Wales.
- Incidence is increasing by about 4% each year, particularly in children under five with a 5% increase each year in this age group over the last 20 years.
- A person with type 1 diabetes will have around 65,000 injections and measure their blood glucose over 80,000 times in their lifetime.

Because type 1 diabetes affects thousands of children in the UK, the chances are there is someone at our school with the condition too. We need your help to mark World Diabetes Day, to raise awareness of the condition and encourage everyone at our school (pupils and staff) to dress in something blue (the colour of diabetes).

By doing so, our school will be raising desperately needed funds to help cure, treat and prevent the condition, and ultimately, create a world without type 1 diabetes. All we ask is that you your child donates £1 to wear something blue.

Yours sincerely

Mrs Barrie

**School Transition & Student Leadership Co-ordinator**