



Press Release 22/04/16

100 Young People receive Anti-Bullying Training in Ashbourne

21st April 2016: Anti-Bullying Ambassadors Training Event at Queen Elizabeth's Grammar School, Ashbourne.

100 young people from local schools in Derbyshire received training and shared top tips on how to prevent bullying in their schools and communities. The training day was held at Queen Elizabeth's Grammar School on 21st April.

The training day brought together young people from primary and secondary schools, of all ages and abilities, from across the region to be trained as Anti-Bullying Ambassadors. The students creatively explored and worked hard to understand the issue of bullying. They networked with other young people, exchanging ideas and sharing good practice. They gained practical ideas and received top tips on how to stop bullying. The newly trained Ambassadors ended the day by creating an action plan aimed at helping them to prevent bullying and ensure everyone feels safe and happy in their school.

The Diana Awards runs the Anti-Bullying Ambassadors programme, a nationwide peer led initiative with over 18,000 trained Ambassadors in over 2,500 schools across the UK, Ireland, Channel Islands and United Emirates.

Alex Holmes, Head of Anti-Bullying Campaign for The Diana Award says: "As a former victim of bullying I know how isolated and unhappy a young person can feel when they are being targeted and I am passionate about helping these people. The Anti-Bullying Ambassadors programme gives young people the confidence to stand together against bullies and support one another. We give Ambassadors the skills and tools to successfully spread the message - bullying will not be tolerated."

Mrs Beverley Humphrey-Lewis, Assistant Headteacher at Queen Elizabeth's said: "We are delighted to be part of the Anti-Bullying Ambassadors Programme and we were proud to host the training event which enables schools in Derbyshire to further extend their effective anti-bullying programmes."

The Diana Award was established in 1999 in memory of Diana, Princess of Wales, as a legacy to her belief in the power of young people to change the world.

