

# QUEEN ELIZABETH'S GRAMMAR SCHOOL

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Dear Parent/Carer

## **My Life My View Survey**

Derbyshire County Council (Public Health Department) have commissioned an Emotional Health and Wellbeing Survey for secondary schools in Derbyshire. This is the third year of the project.

The survey is called My Life, My View and is delivered to Year 8 students. The survey has been developed by The Training Effect, a provider of services to schools and councils across the UK.

The project is about finding out young people's views on their emotional health and well-being - the things that worry them, how they cope with worries, their perceptions on their community and who they trust to speak to. The information gathered will be used to plan support services for young people.

All students currently in year 8 will be asked to complete a short survey (this is not mandatory) before the end of the academic year. The survey will be confidential and will ask them about their experience of a range of issues including Internet safety, friendships, alcohol and smoking.

At this stage we are inviting parents to inform us if they are not happy for their children to take part in this survey. To opt out please email [Wibberley@qegs.email](mailto:Wibberley@qegs.email) or call Mrs Wibberley on 01335 343685 Ext 1594

Further details on the survey can be found at [www.mylifemyview.org.uk](http://www.mylifemyview.org.uk) further details on the work of The Training Effect can be found here [www.thetrainingeffect.co.uk](http://www.thetrainingeffect.co.uk) and you can contact them directly by emailing [mail@thetrainingeffect.co.uk](mailto:mail@thetrainingeffect.co.uk) with any questions and for further information.

Yours Faithfully

Mrs B M Humphrey- Lewis  
**Assistant Headteacher**