

QUEEN ELIZABETH'S GRAMMAR SCHOOL

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QEGS Academy Sponsors:
J.C. Bamford Excavators Ltd. - The Woodroffe Benton Foundation
- The Old Ashburnian Society - The Old Trust (founders 1585)

November 2017

To students and carers involved in the 2017 QEGS Ski Trip

Ski Trip 2017 Final Information Letter

We are extremely excited about the upcoming Ski Trip and creating new, fun memories for staff and students. Ahead of our departure, there are a number of important tasks and pieces of information we need to share with you so please read all of this letter carefully.

Key Information

1. Please follow our **Twitter account @qegsski17**
This will be how we send extra reminders and links to useful sites in the run up to the trip and also will be how we share photographs, videos, travel updates and general messages whilst on the trip.
2. Please check that your child's contact and medical information on the school system is up to date. The numbers we use to contact you will be those on our system and the main contact will be who we get in touch with first, so do check this is all correct. Any relevant information about looking after your child needs to be written in a letter or emailed to us.
3. Ensure that your child's passport and European Health Insurance Card (EHIC) have been handed in.
4. The behaviour contract must have been signed by both student and parent/guardian and returned to us (most did this at the Information Evening).
5. **Hotel:** We have been upgraded to ClubHotel Vallee Blanche! www.skibound.co.uk/destination/france/alpe-dhuez/clubhotel-vallee-blanche
It is the 'sister hotel' to the one we stayed in last year, across the town. It is still next to the bucket lift and has more après activities than the other hotel and so we believe the students will enjoy it even more! Any queries, do let us know.
6. If you are a beginner or have not been skiing for a while, although not essential, a visit to an indoor ski centre (Tamworth, Manchester, Swadlincote, Milton Keynes) would be ideal. The sooner you do this, the less busy it is likely to be and if you buddy up with others on the trip, you can share lifts. However, if you are unable to do this, **improving your general fitness** will be key to getting full enjoyment from the trip. See Miss Senior or Miss Angris if you would like more information about this.

Key Dates

- **Monday 11th December** - All spending money except the amount for the outbound journey should be handed in **at break time in the gym**. This is to ensure it is kept in a safe while we are on resort and handed out in small denominations by staff. No money will be accepted after this date.
- **Friday 15th December 2017** – Leave QEGS. Luggage must be brought to school first thing in the morning and stored in the studio to allow the coach to be loaded quickly and prevent any delays. Feel free to wave us off on the bus bay at 12pm when we will leave.
- **Saturday 23rd December 2017 by 3.30pm** – Driving home for Christmas. Arrive back at QEGS. Keep your eye on twitter for a more accurate arrival time.

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Ski Company: SkiBound

Instructors: Ecole du Ski Français

Current Timetable: subject to change

Day	Breakfast	Morning	Lunch	Afternoon	Pre-Dinner	Dinner	Post Dinner
Fri 15 th Dec 2017	Home	Leave ski bags in studio at QEGS Lessons as normal	Meet on the Bus Bay. Depart at 12pm.	Have a packed lunch provided by home [free]. Travel	Travel	Service Station/ ferry [£5-10]	8.20pm Be at ferry 9.20pm Ferry booked
Sat 16 th	Service station [£5]	Travel	Arrive at the hotel. Have lunch. Go over the rules.	Sort ski equipment. Unpack in rooms.	Orientation activity.	Hotel	Leisure centre activities [approx. 10 euros]
Sun 17 th	Hotel	Ski	Hotel	Ski	Games room/ town	Hotel	Bumboarding
Mon 18 th	Hotel	Ski	Hotel	Ski	Games room/ town	Hotel	Quiz
Tues 19 th	Hotel	Ski	Hotel	Ski	Games room/ town	Hotel	Film
Weds 20 th	Hotel	Ski	Hotel	Ski	Games room/ town	Hotel	Karaoke/ talent show/ Wii
Thur 21 st	Hotel	Ski	Hotel	Ski Fancy Dress	Games room/ town- get instructors cards	Hotel	Disco
Fri 22 nd	Hotel	Ski	Hotel	Ski Presentation	Snack at hotel. Depart Alpe d'huez	Service Station [£5-10]	Travel
Sat 23 rd	Ferry [£5-10]	Travel	Service Station [£5]	Arrive at QEGS			

Highlighted are the food/ activities which are not included in the trip price

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Packing Checklist

Ski/Snowboard Equipment

- Day/travel rucksack
- Water bottle
- Helmet [if you are not intending to use the one provided -included in the price of the trip]

Ski/Snowboard clothing:

- Warm hat/beanie
- Sunglasses/goggles
- Neck warmer
- 2 or 3x thermal tops
- 2x fleeces
- Waterproof ski jacket
- Waterproof ski trousers
- Waterproof gloves or mittens
- Thermal leggings
- 3 or 4 pairs of ski/board socks [we advise seam free ones to avoid rubbing]

Other clothes:

- 2x Jeans/long trousers
- 3 or 4x T-shirts/tops
- 8x Underwear including socks
- 1x Comfy trousers/jogging bottoms [recommend travelling in these]
- 1x Indoor shoes
- 1x Normal gloves
- 1x Scarf
- Shoes/boots with a good grip [don't necessarily have to be 'snow' boots, walking boots are fine]

Other stuff:

- Packed lunch for travel
- Money for the journey out there [all other spending money should be handed in on 11th]
- 2x Pyjamas
- Towel
- Toiletries including toothbrush [organise in your rooms to all bring different items e.g. toothpaste and shampoo/conditioner]
- Sanitary items
- Sunscreen - high SPF
- Lipsalve/balm with SPF
- Aftersun/moisturiser
- Swimming costume/trunks
- Mobile phone and charger [ALL phones will be handed in on the coach and bags searched randomly on the trip for any banned devices/substances]
- Travel plug adaptor for hairdryer
- Books [we will not take any responsibility for damage to a Kindle so recommend not bringing it- internet accessible ones will not be allowed]
- Magazines
- Any medication (including painkillers) [we must be fully informed about ALL medication]
- Alarm clock
- Ear plugs

Luxuries:

- Travel pillow/blanket
- Disposable camera
- DVDs [for the coach]
- Hair dryer [1 per room?]
- Cards/games
- Boot warmers
- Hand warmers
- Ankle/knee/wrist supports
- Deep Heat/muscle soaks