

# POWER FOR GOOD

---

#ANTIBULLYINGWEEK





What does the word 'bullying' mean to you?





## Do you think bullying happens a lot?

---

- A survey of over 11,000 secondary pupils in England and Wales reported that **11%** said they had been bullied a lot and **33%** sometimes.
  - Of those bullied, **88%** reported it happening in school, also **31%** out of school, **15%** in cyberspace, **13%** on a mobile phone, and **15%** on the journey to/from school.
-

# Why does bullying happen?

Bullying is often a result of prejudice. Prejudice can take many forms, including:

- Sexual/sexist
- Homophobic
- Targeted at race and/or faith
- People with disabilities



## What are the effects of bullying?

---

- **Low self-esteem**
- **Overeating, anorexia**
- **Depression**
- **Lower grades**
- **Difficulty in forming personal relationships**



Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.

# Is this bullying?

Jack creates a fake social-media profile in Aaron's name.

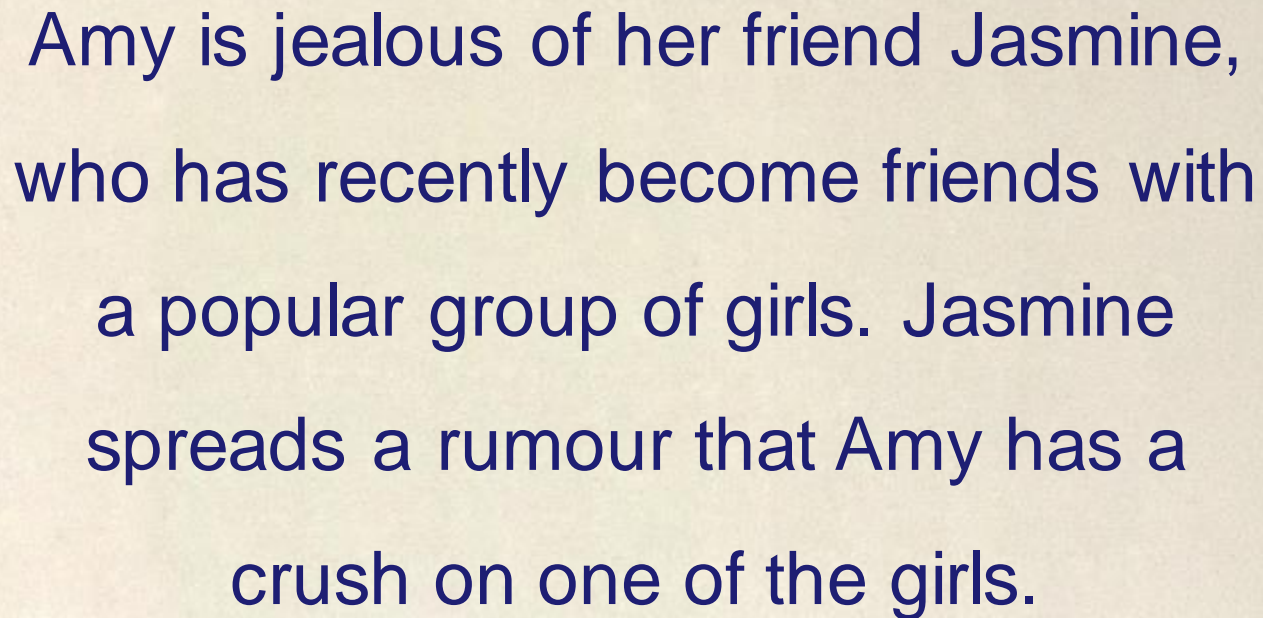
Jack uses the account to spread rumours about Aaron.

# Is this bullying?

Luke sends an embarrassing  
picture of his ex-girlfriend Lucy  
to several of his friends.



## Is this bullying?

A spiral-bound notebook with a metal binding on the left side, containing a paragraph of text.

Amy is jealous of her friend Jasmine, who has recently become friends with a popular group of girls. Jasmine spreads a rumour that Amy has a crush on one of the girls.

**‘BANTER’**

**-but when does it  
become bullying??**

What can we do to prevent bullying?

**ONE**  
kind word  
can  
**CHANGE**  
someone's  
**ENTIRE DAY**

How do we deal with bullying in our school?

What should you do if you see someone being bullied or suspect that bullying is taking place?